



Harm Reduction, Safer Supply & Experiences of Pre and Perinatal Care

National Safer Supply
Community of Practice

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MATCH Program-South Riverdale CHC

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MATCH PROGRAM OVERVIEW

- Salaried model: 4 RMs, 1 SW
 - Embedded in CHC primary care
 - Antepartum, intrapartum, postpartum care
 - Pregnancy options counselling
 - Medication abortion (until 11wk)
 - Substance use in Pregnancy Pathway (MATCH SUPP)
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- Clients facing barriers to access*:
 - 83% BIPOC clients
 - 30% homeless (shelter or NFA)
 - 12% using OATs
 - 38% single parents
 - 48% non-insured

*2021-2022



Guiding Principles of MATCH-SUPP



To provide care in a flexible, non-judgmental and caring way.



To support client's self-determination. To honour the goals they set for themselves around their pregnancy, substance use and parenting.



To offer a safe, accessible and welcoming space to receive care.



To connect the client with a networks of supports: health care, social, emotional, parenting, and practical supports.



To operate from a harm reduction philosophy in all aspects of our care.



A client journey through MATCH SUPP

- Midwifery care with collaboration and support from OB and Addictions Medicine
- Social work support
- Support navigating child protection
- Connection to external partners (Jean Tweed, Breaking the Cycle, Toronto Public Health)
- Prenatal connection to Paediatrics
- Tour of Special Care Nursery
- Setting expectations
- Specialized Care Plan, shared with hospital

Eat, sleep, console

|| Evidence based care...



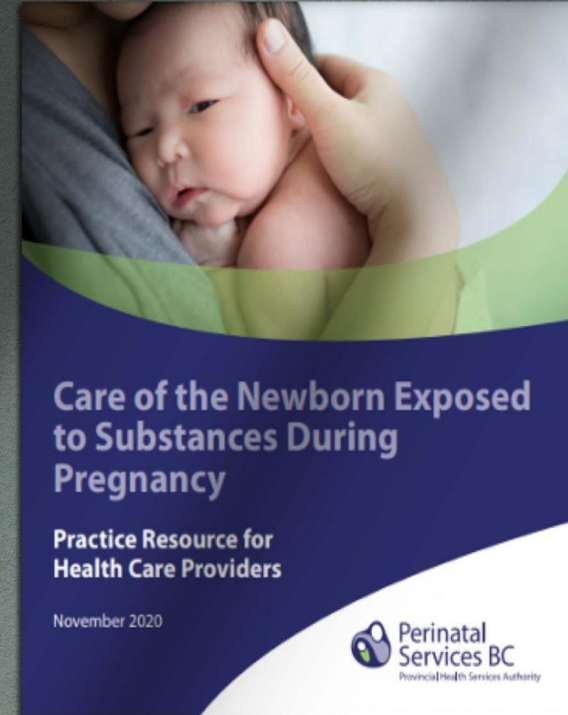
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There are a lot of great resources that we can use.

Perinatal Services BC

Care of the Newborn Exposed to Substances
During Pregnancy

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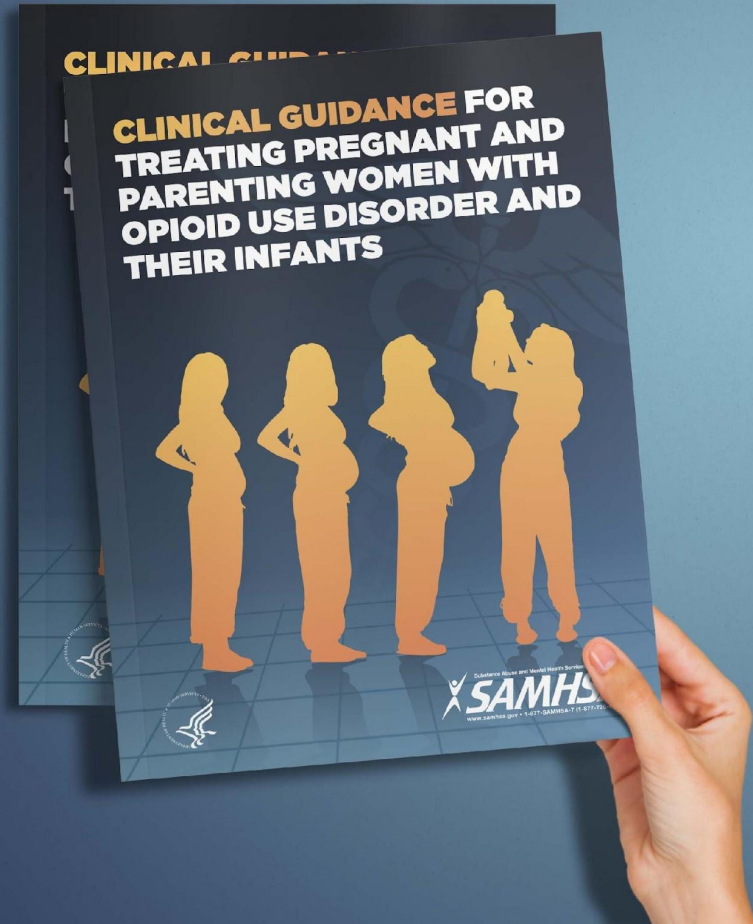
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SAMHSA

Clinical Guidance for treating pregnant and parenting women. With opioid use disorder and their infants.

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Fraser Health, SPOR, BC Support Unit

Eat, Sleep, Console – Strategies for Implementation Planning

Eat, Sleep, Console – Strategies for Implementation Planning

Healthy Mothers, Healthy Babies 2020

Sarah Rourke, RN MSN

Sarah Kaufman, RN MSN



Questions?

